

GET UP AND MOVE. FEEL THE POWER OF
Mother Earth
BELOW YOUR FEET



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WATER IS LIFE.

Ride the Wave



BREATHE



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*Your ancestors are
so proud of you.*



*They gave you
everything you need.*



**PUSH WITH
THE POWER
OF YOUR
ANCESTORS**



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**REACH FOR THE
STARS AND GUIDE
YOUR BABY
EARTHSIDE**



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Strong. Powerful. Indigenous.

YOU CAN DO THIS!



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